



# Family Movie Night Bench Pillow

**SKILL LEVEL: CONFIDENT BEGINNER**

**THIS PILLOW IS A GREAT WAY TO USE INDIVIDUAL EMBROIDERIES AND GET EACH FAMILY MEMBER INVOLVED IN CHOOSING A DESIGN THAT REPRESENTS THEIR PERSONALITY! EMBROIDER THEIR NAME UNDER THE CHARACTER OR JUST LET EVERYONE GUESS WHO IS WHO.**

- Embroidery/Sewing machine with a minimum embroidery design field of 5" by 7"
- Quarter inch sewing foot is optional, but recommended as all seams are 1/4" throughout the project
- Background Fabric 2/3 yard in any color or colors to accent your embroideries
- Tear away or other stabilizer suitable for your designs
- Dark Grey Film Strip Fabric 1/2 yard. Cut (8) 1 1/2" strips by Width of Fabric (WOF).
- Yellow Film Strip Accent Fabric 1/4 yard. Cut (3) 1 1/2" strips by WOF.
- Pillow Back Fabric 1/2 yard
- Embroidery Threads and Embroidery Bobbin thread
- Construction Thread
- Polyester Fill for Stuffing
- Rotary cutter and mat
- 6" by 24" ruler for cutting strips
- 6 1/2" or larger square ruler for trimming blocks

To fit a 5" by 7" frame, cut background fabric and stabilizer 9" by 12".



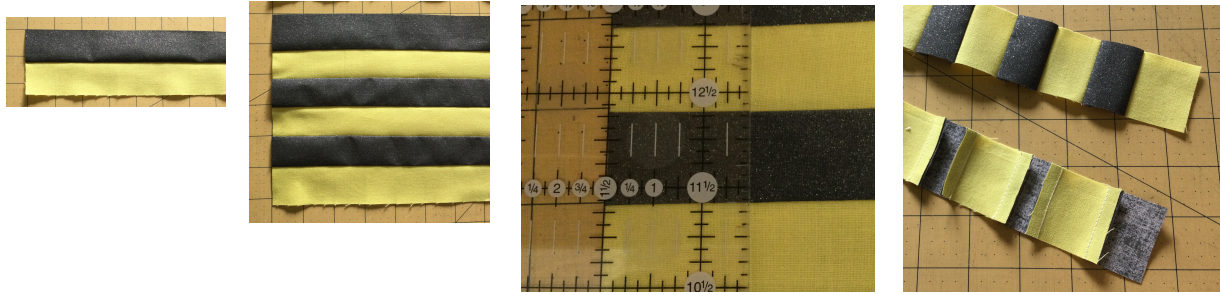
## ALL SEAMS ARE 1/4"

Create five embroideries with the designs no larger than 5" in any direction on the background fabric. (See design notes below.) Press the embroideries and remove stabilizer. Using rotary cutter, mat and ruler and keeping the designs centered, trim each of the embroideries to 6 1/2" square.



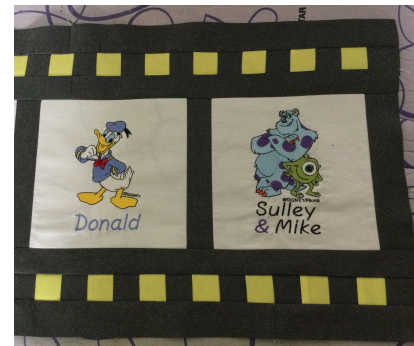
Cut (6) 1 1/2" by 6 1/2" strips from one of the dark grey fabric strips. Sew these pieces between each of the 6 1/2" square embroidered square and on each end. This strip should measure about 36 1/2" from end to end, but if you have a different size that's okay. Set aside.

Sew together three sets of 1 1/2" by WOF solid and accent fabric in pairs and then sew the pairs together to make a strip set. Press the strip set flat by pressing the seam allowance towards the darker fabric. Cross cut the strip set into 1 1/2" strips. Sew these together end to end to create two accent strips larger than the measurement of your filmstrip set. Set aside.



Sew a solid 1 1/2" by WOF strip to the top and bottom of the embroidered filmstrip. The strips will be trimmed to fit after construction. Press the seams towards the solid strips. Continue by sewing and pressing completed 1 1/2" pieced accent strips and then 1 1/2" solid strip to create the look of a piece of film. See the photo for placement. Press all the seams toward the solid 1 1/2" strips. Trim the strips even with the edges of the film strip. The finished pillow top should measure about 12 1/2" tall and the width of your filmstrip panel.

For ease of construction, cut the pillow backing fabric larger than the completed pillow top and trim after sewing the outside seams together. Layer the pillow back and the pillow top with right sides together. Sew around outside edge and leave an opening to turn and stuff the pillow. Turn pillow right side out and stuff. Hand sew the opening together.



### DESIGN NOTES AND IDEAS:

- Have family members choose their own favorite character or one that suits their personality. Embroider their name below the design.
- Instead of a single color for the filmstrip and accents, use a rainbow of colors or shade them from light to dark.
- Directions are for five inch embroideries that fit in 6 1/2" squares, but larger size squares could be used by simply modifying the sizes of the sashing strips.
- Instead of one long bench pillow with five embroidered squares, make several individual pillows.
- Instead of pillows, make several filmstrips and assemble for a lap quilt.
- To incorporate a larger embroidery, leave a square blank and after construction embroider the character over the entire square and sashing. The character will look like it's bursting out of the frame.