

Sewing

Binding Guidelines August 18, 2021

Measure circumference of quilt and add 10" for corners and joining on straight edge quilt and add 10-20" for scallop edge quilt depending on scallop depth. Calculate double-fold binding width using the finished width of binding times 6 plus 1/8". Calculate single-fold binding width using the finished width of binding times 4 plus 1/8". Seam allowance is the finished width of binding.

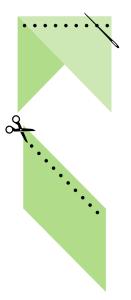
Approximate Yardage for Straight Grain Binding

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Perimeter of Quilt plus 10"	Number of 1 1/4" Strips	Yardage	Number of 2 1/2" Strips	Yardage
80" to 120"	3	1/8 yard	3	1/4 yard
120" to 165"	4	1/4 yard	4	1/3 yard
165" to 200"	5	1/4 yard	5	1/3 yard
200" to 290"	6	1/3 yard	6	1/2 yard
290" to 325"	7	1/3 yard	7	1/2 yard
325" to 370"	8	3/8 yard	8	5/8 yard

Approximate Size of Fabric Square for Bias Strips

Cut bias strips by cutting a square using the chart below. Cut the square in half diagonally and then sew the right sides together along the grain line using illustration right top. Press seams open and cut strips along the diagonal edge using illustration right bottom.

Perimeter of Quilt plus 10-20" Depending on Scallop Depth	For 1 1/4" Bias Strips Cut Square	For 2 1/2" Bias Strips Cut Square
50" to 90"	13"	19"
91" to 130"	15"	22"
131" to 170"	17"	25"
171" to 210"	18"	27"
211" to 250"	20"	29"
251" to 290"	21"	31"



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Joining and Mitering Corners

Join ends of binding together with diagonal seams. Place the two ends of the binding strips perpendicular to each other with right sides together. Stitch diagonally from side to side. Trim seams to about 1/4". Open seams and press. When making a double fold binding, fold strips in half with wrong sides together and raw edges even. Roll on a tube

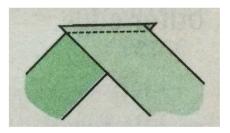
such as an empty spool or toilet paper roll. Bias strips will already have diagonal ends, sew them together as in the illustration right.

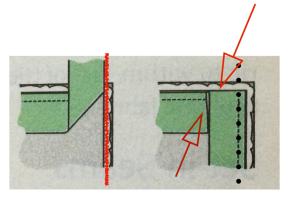
Align raw edges of binding and quilt. Start in the middle of one side of the quilt. Start stitching about 5-6" from the end of the binding strip. Stitch to the corner and almost to the raw edge. Do not reinforce with extra stitching. Cut the thread.

Fold binding straight out forming a 45-degree fold. Raw edge of binding and quilt will form a straight line as shown in red. Any stitching along the previous seam line will release. Fold binding back down keeping this second fold even with the edge of the quilt and aligning raw edges as shown with red arrows. Pay particular attention that the binding is even with the two edges of the quilt and the two folds are lined up as shown with the red arrows in the illustration right.Secure folded

corner with Wonder Clips. Turn the quilt. Start stitching again using the same 1/4" seam. Continue for all four sides.

Stop stitching about 10-15" from beginning stitching. Join binding by overlapping the binding strips the same distance that they are wide. Lay beginning strip along the edge and cut a small piece from the end. Lay second piece of binding on top of the first. Take the small piece and lay on top of overlapping strips with one end even with the edge of the first binding. Use this strip to determine the overlap of the two strips and trim the terminal end of the finishing binding strip. After trimming, join the ends together with a diagonal seam. Hold binding end to end and turn one with a quarter turn. Bindings will be perpendicular to each other. Pin or clip and sew the diagonal seam from side to side. If you are unsure, place a pin where the seam will be and open up the strips. Trim, open and press seam. Finish sewing the joined binding to the quilt with 1/4" seam.







Sewing Scallop Binding

Determine the size of the scallops. Measure the length of the top and the length of the side. Choose desired number of scallops and divide the length of the top by that number to get an idea of the size of the scallop. Round the measurement to the nearest quarter inch. Does that size fit into the length of the side easily? Adjust the scallop size so the number fits as close as possible closely to both the top and side measurements. Find a template to use for the depth of the scallop.



Mark the template with the desired width of the scallop and the center. If you are using a plate for example, use masking tape to make a removable mark. Mark the scallop in the center of the side so that you end up with a half scallop at the corners. Leave the corners square for now. Round the corners after the scallops are all marked. Mark the scallops using a removable marker in case they need to be adjusted. Do not cut on the marked line! Baste just inside the line with a straight stitch. Trim the seam after the binding after sewing is completed and just before pulling the binding to the back to be hand sewn down.

The curved edges require a bias binding. I typically use a single fold bias binding cut at $1 \ 1/4$ " wide. This will finish to a 1/4" binding. Join the binding strips with a diagonal seam that has been pressed open. Place the raw edge of the binding to the marked line. Press the beginning diagonal edge under 1/4" and press. Choose to join the binding on a large curve at the bottom



of a scallop or in the corner. Using a 1/4'' seam start sewing. Stitch up to the base of the V and stop with the needle down.

Lift the presser foot, pivot the quilt and binding to begin sewing out of the V. Lower the presser foot down and adjust the binding using a stylus if necessary to keep the fabric clear of the seam. Take care not to stitch any pleats at the V in the binding. I give the fabric a little pressure stitching out of the V. Ease the binding around the curves. It is easy to stretch the binding sewing around the curves. The fabric should not "cup up" after sewing the curves and should "cup up" at the V. Overlap the beginning edge by about 1" and trim off at an angle. Lay the one binding into the other. Complete sewing down binding. Trim the seams along the marked line. Turn binding to the back of the quilt and hand sew turning the 1/4" under. The binding at the V will naturally pleat and should not need to be stitched closed.