

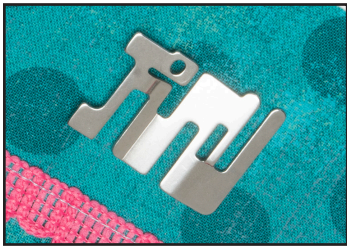
BABY LOCK

SEWING ACCESSORIES

Hemmer Foot Kit

(BLH-FEET)

Instructions



Trim Attachment Guide:

1. When looking at the Trim Attachment Guide notice the set of slots on the right and left side of the attachment. There are two slots on each side, one at the back (near the needle) and the other toward the front of the foot. These guides are used for positioning and guiding trim, ribbon, fabric strips or anything that has a flat edge. Either side, right or left, can be used and the side used will depend on the project the trim is attached to.
2. Place the edge of the trim (right side of the guide) in each guide in the following manner: under the first guide (this looks like a fork tine) and into the slot. Make sure that the trim is right-side up.
3. Pass the trim over the middle section of the guide and into the next slot which positions the trim underneath the presser foot.
4. These two steps can be done with the presser foot attached or not attached to the machine. Attach the foot if needed.
5. Once the presser foot is attached place about an 1" of trim behind the presser foot.
6. Raise the presser foot and place the base fabric (fabric trim is being added to) right-side up under the presser foot and align with the edge of the trim.
7. Select the desired stitch, straight or zigzag. If using a straight stitch adjust the needle position to stitch along the inside edge of the trim and the stitch length to 3.0. If using a zigzag stitch adjust the stitch width and length to catch the top edge of the trim securing the trim to the base fabric.
8. To attach trim using the guides on the left side of the foot follow steps 2 and 3. Stitch in place following steps 6 and 7.



Bias Binder Attachment:

1. Loosen and remove the screw on the foot base.
2. Position the Bias Binder Attachment on the foot base aligning the two holes. Place the screw in position (the holes) and tighten. Make sure that the sides of the attachment and foot base are aligned. This will be the outside edge of the foot and the same on the attachment.
3. Cut a fabric strip, straight of grain or bias, 1" wide by the desired length. Add an additional 2" - 4" to the length. This will be used for starting and ending the fabric strip. Using bias works best for the fabric strip. It will form around the fabric edge and has less of a tendency to shift when stitching. Purchased 1/4" double fold bias tape can also be used with this attachment. Press along the fold/crease to create a flat piece of tape. This is a very important step.
4. Using a 1/2" bias tape maker feed the 1" fabric strip into the slot (largest end). Pull the strip through the bias tape maker. The edges of the fabric will fold in creating a folded edge and a create a strip about 1/2" wide. To start press the end and secure to the pressing station with a pin. Continue to pull the fabric strip through the bias tape maker pressing the strip. If a bias tape maker is not available fold each fabric edge to the center of the strip and press. The bias binder attachment **will not fold the fabric edges in**. The width of the fabric strip should be 1/2", yielding a 1/4" bias edge. Anything larger will not feed through the narrow end of the cone.

Continued on next page



Bias Binder Attachment:

continued

5. There are two sides to the fabric strip, the outside (pretty) side. This side will be seen when the fabric strip is stitched or attached to a fabric edge. The inside (folded in fabric edges) will be enclosed when the fabric strip is stitched together or to a fabric base. Feed the fabric strip into the cone (largest end) by placing the outside side on the right and against the curve of the cone. This will place the inside side against the guide that runs down the center, which keeps the fabric edges separated.
6. Located on the side of the cone area a series of slots. These slots are used to help move the fabric strip to the tip of the cone. Use either a pin, seam ripper or stiletto to move the fabric strip through the cone.
7. Once the fabric strip exits the end of the cone pull it under the press foot and place about an 1" at the back of the presser foot.
8. Select the straight stitch and adjust the stitch length to 3.0. Position the needle just inside (to the right) of the folded edge. This will be on the left side of the fabric strip. Another method to adjust the position of the fabric strip is to loosen the screw on the foot and slide the Bias Attachment to the right or left. Make sure to tighten the screw when the attachment is in place.
9. Take a few stitches to secure the fabric strip. Make sure to engage the needle down position on the sewing machine or to place the needle in a down position. Continue to use the needle down position when stitching. This will help in securing the fabric strip each time stitching is stopped.
10. Continue stitching making sure that the outside of the fabric strip is always against the curve of the cone. This will place the center guide between the two fabric edges and almost centered where the folded fabric edges meet. The fabric strip sits on top and bottom of the center guide but the edges do not reach to the far left of this guide. Part of this guide will be visible while stitching. Continue to guide the fabric strip making sure that the strip does not pull/rotate/slide to the top or bottom when stitching.
11. To bind a piece of fabric it is best to place a small amount of fabric stabilizer on the fabric first. The fabric edge will be placed in the slot of the center guide. This is visible when the foot is tilted to the right. Place the fabric piece in the slot and make sure that it is slide all the way to the right. Position the end of the fabric strip at the end of the cone. Starting slow, stitch.

The fabric strip (bias trim) will catch the fabric piece and pull/guide it under the presser foot. Once the end of the fabric piece is caught by the needle adjust this piece in the slot if needed. While stitching always keep the edge being bound in the slot and against the inside edge. Don't force this fabric piece as it may cause the fabric to roll or push the fabric strip (bias strip) away and the fabric edge will not be bound. Stitch to the end always guiding the fabric piece and strip. Always allow for extra fabric at the front and back of the fabric piece being bound. This foot and attachment work best for binding straight and curved (gentle) pieces.



Hemmer Attachments – 1/4", 3/8", 5/8" and 7/8"

For each of the different sized hemmer attachments use the instructions below.

1. First let's take a closer look at the toe of the Hemmer Attachment. This will help in understanding how the fabric moves through the attachment. When looking down at the toe notice the ledge that sits at the bottom. The fabric edge to be hemmed will be placed on this ledge wrong side up. When the fabric is slid to the right along the ledge it will come to the side and curl up sitting on top of a platform/guide. The fabric (hem) is now right side up. In looking at the left-hand side of the platform there is a small gap. The fabric edge will slide down this gap and wrap around and underneath the hem encasing the fabric edge (raw). The guide above the platform also helps guide or direct the fabric around the platform. Turn the Hemmer Attachment over, notice how the end of this guide bends or curves to the left. This bend or curve will direct the fabric placing it under the platform and inside the edge. At this point it is best to pull the fabric underneath and behind the presser foot. *A few tips:*
 - A quick trick to help guide the fabric edge (raw) is to place a row of stitching (straight) about and 1/8" away from the fabric edge and stitch about 10" from the first stitch. Make sure to start stitching with a 4" thread tail. This tail will help pull the fabric edge under the platform and through the guide.
 - Consider lightly starching the first 4" of the fabric. This will help with controlling the fabric when positioning it into the guides.



Hemmer Attachments – 1/4", 3/8", 5/8" and 7/8"

Continued

- Start out practicing the steps on a piece of quilting cotton.
 - The best hem width to start out with is 5/8" (practice). Once you have that one down move onto the other widths.
 - Hold the fabric slightly to the left when stitching. This action helps in keeping the fabric in position for the "roll", especially on lightweight fabrics.
2. Select a straight stitch and adjust the stitch length to 2.5/3.0.
 3. Loosen and remove the screw on the foot base. Attach the desired Hemmer size to the foot by aligning the holes and using the screw to secure the two pieces together.
 4. Position the fabric (hem edge) into guide, wrong side up. Move the fabric across the ledge and up and over the platform and rolling the fabric edge under the platform. The fabric will fold creating a hem. Place the fabric under the presser foot with 1" of fabric beyond the back of the foot. Place a clip or pin at this end to hold the fabric in place.
 5. Place the foot and attachment on the machine.
 6. Adjust the needle to stitch close to the edge where the fabric was folded. Another way to adjust the position of the hem edge is to loosen the screw and slide the hemmer attachment left or right. Make sure to tighten the screw when this step is completed.
 7. Always make sure to test the stitch to ensure the tension is good on both sides of the stitch. Since the right side of the fabric is against the machine and the wrong side is in the guide the bobbin thread will be on the right side of the project. Do this before starting on the final project.

8. Stitch. Continue to guide the fabric edge while stitching. Once the roll has been started the edge should continue rolling, but it is always best to watch the fabric to ensure this continues.

Tips:

Creating a Hem - make sure to review the steps above for placement of the fabric and tips for starting the hem.

Flat Hem – Using the desired Hemmer Attachment stitch across the fabric edge creating the hem. When hem is complete hem the sides by folding in the ends/edges.

Flat Hem with Side Seam – Stitch one side seam, finish the seam allowance press seam either open or to the side. For this technique to be successful the seam will need to be pressed. Using the desired Hemmer Attachment stitch across the fabric edge creating the hem. Slow down when approaching the seam to make sure that you have control of the fabric and the hem is rolling properly (remember there is bulk at the seam and this bulk needs to roll to create the hem). Sew the remaining side seam closed and finish the fabric edges. Press seam.

Flat Hem with both Side Seams – Stitch both side seams and finish the seam allowances. Press seams either open or to one side. For this technique to be successful each seam will need to be pressed. Using the desired Hemmer Attachment stitch across the fabric edge creating the hem. Slow down when approaching the seam to make sure that you have control of the fabric and the hem is rolling properly. To finish the hem, it is best to stop about 3" from the starting point. This will allow you space to remove the fabric from the hemmer attachment. Fold the fabric edge under and stitch from the ending point to the starting point. Use pins or clips to hold the hem in place if needed.

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