

Supplies

Clear Foot for Baby Lock 8 Thread Serger (BLE8-CLF)

Ruffling Foot for Baby Lock 8 Thread Serger (BLE8-RF)

Lightweight Fabric for Dress and Lining (Quantity depends on size of garment – size 2 can easily be made with about 2 yards of fabric.)

Serger Thread

Fabric Pieces for Look Book

Pieces of Heirloom Trims; Lace, Entredeux and Trim

Wonder Clips

Wash Away Tape or Fabric Glue Pen

Instructions

Heirloom Sewing on a Serger

Heirloom sewing is a new interpretation of the art of classic French hand sewing. Before most clothing was made on machines, garments were all hand sewn. Today the art of hand sewing is coming back and is known as “slow sewing”. These beautiful garments can also be constructed easily using a very speedy, very modern machine, the serger. The serger makes heirloom sewing quick, clean and professional looking. Many serger stitches and serger foot combinations work well on heirloom garments. Use the serger in combination with a sewing



Sewing Lace to Fabric

Rolled Hem
Clear Foot

Place lace and fabric right sides together. Raw edge of fabric should extend 1/8" from the edge of lace. Make sure lace is lying smoothly on the fabric.

Mark the raised part foot to indicate the stitching line with a marker.

Sew with the lace side up. Guide the fabric so the header of the lace is just to the left of the mark. The needle should just catch the header of the lace.



machine or even hand sewing for both construction and embellishment. The following Look Book pages will give instructions for some of the most basic construction and embellishment techniques.



Lace to Lace

Rolled Hem or Flat Lock
Clear Foot

Choose lace with straight sides and a fine thread such as a 60 wt.

Place lace right sides together if using the rolled hem and with the headings of the laces even.

Lower the cutting blade to avoid accidentally trimming the lace.

Either side of the flat lock stitch provides a different look. When using a wide flat lock on the ladder side, a soft, narrow ribbon adds an additional element of embellishment when woven through the ladders.



Fabric to Entredeux

Rolled Hem
Clear Foot

Place entredeux and fabric right sides together. Place the raw edges of fabric and lace together or make a mark on the fabric and align the raw edge of the entredeux with the line. Make sure the trim is lying smoothly on the fabric and secure with wash away tape or a fabric glue pen. The serger will trim the fabric as you sew.

Mark the raised part foot to indicate the stitching line with a marker.

Sew with the wrong side of the entredeux up. Guide so the needle is just to the right of the ditch of the entredeux. Any misses or “holidays” where the stitching is not close to the ditch can be tidied up with a sewing machine.





Gathered Fabric to Lace

Three Thread Overlock Wide or
Narrow
Clear Foot

Pre-gather the fabric with a sewing machine or serger. Adjust the gathers along the length of the lace. Avoid shifting of the gathers by using wash away tape to secure the gathers to the lace.

Place lace and fabric right sides together. Raw edge of fabric should extend 1/8" from the edge of lace. Use a wide overlock for heavier fabrics and a narrow overlock for lightweight fabrics.

Mark the raised part foot to indicate the stitching line with a marker.

Sew with the lace side up. Guide the fabric so the header of the lace is just to the right of the mark. The needle should just catch the header of the lace.





Applied Trim with Cover Stitch

Cover Stitch Wide or Narrow

Secure the trim to the garment with wash away tape. Pins do not work well and distort the trim and the fabric. Take time to make sure the trim is smoothly applied to the fabric.

Select a wide or narrow cover stitch based on the width of the trim. Extra wide trim is best applied with a narrow cover hem or chain stitch on either side of the trim.

Use a narrow cover stitch on both sides of a sheer trim and carefully trim away the fabric on the back. The cover stitch will secure the raw edges. Double sided regular tape or temporary adhesive (such as a fabric glue pen) works well for this since the fabric will be trimmed away.



Puffing

Four Thread Overlock
Ruffling Foot

Gather on each side of a strip of fabric.

Adjust gathers with the right needle thread.

Pull fabric from side to side to evenly distribute gathers and straighten.

Insert between fabric, lace or entredeux. Place puffing strip and fabric, lace or entredeux right sides together. Raw edge of puffing should extend 1/8" from the edge. Stitch the other side carefully matching the ends or make the piece larger than needed then trim to size. Use a wide overlock for heavier fabrics and a narrow overlock for lightweight fabrics.

Heirloom Seams

Rolled Hem or Narrow Overlock

The advantage of using a rolled hem or narrow overlock as a construction seam on lightweight fabrics is a beautifully finished interior and no clipping seam allowances.

Check your pattern for the size of seam. Use a seam guide or determine a reference point to sew the correct size seam.

To sew a $5/8$ " seam on the Baby Lock serger, use the "R" mark on the cut cover of the machine to guide the raw edge of the fabric for a $5/8$ " seam when using the right needle position. Use the "L" when using the left needle.

