

Sewing and Embroidery
Sew Much Fun!

June 26th, 2024

Supplies for Embroidered Cornhole Bags

- Baby Lock Vesta Embroidery/Sewing Machine
- Optional, but recommended 5" x 7" magnetic hoop (Install free update on Vesta to Version 1.01 or higher to recognize the 5" x 7" magnetic frame)
- o 1/4 yard (60" wide) each of two colors of heavyweight fabric such as canvas
- Cut Away Fusible Stabilizer
- o Embroidery Designs of Choice
- o Embroidery Thread and Embroidery Bobbin Thread
- Polyester Sewing Thread to Match Fabric
- Marker for Fabric such as Pencil or Chalk
- Scissors
- o 8 pounds Corn or Poly Pellets for filling Bags
- Cardboard Tube such as empty Toilet Paper Roll

Instructions

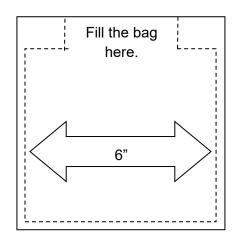
Cornhole bags are traditionally made of canvas and regulation size is a 6" square and one-pound bag to fall into 6" hole in the tilted 2' x 4' board. Fill them with corn kernels or polyester pellets. The corn can mold and attract critters if left outside, so the inorganic pellets may be a better choice. Make smaller bags for easier play or for children. The bags can be made of any material and some bags are made with two different fabrics for more interesting play. Suede-like fabrics on one side of the bag will reduce slide and a smooth polyester fabric on the other side increase slide.

Embroider the eight bag fronts with your favorite designs. Besides the designs built into the machine, the internet has limitless options for designs. Licensed designs are available for sport teams and favorite characters. (Be aware that licensed designs are for personal

use only and are not to me used for commercial purposes.) Don't forget all the options with lettering to personalize the bags! Set up the machine for embroidery with embroidery bobbin thread and an embroidery needle. To conserve fabric, mark four 7" squares on one side of the quarter yard of fabric and embroider each before cutting them apart. Use a 5" x 7" magnetic hoop for ease in hooping the fabric. Fuse one long piece of cutaway stabilizer to the wrong side of the fabric behind the marked squares. Hoop the fabric the using the marked square as a guide. Embroider the designs.

Using the marked outlines as a guide, cut each 7" on **three** of the sides and leave a very generous 1 %" seam on one of the sides. Set up the machine for sewing with polyester thread to match fabric in the needle and the bobbin. Place the embroidered front of the

bag right sides together with a back cut from the remaining fabric. The seam line for constructing the bags is ½" in from the marked line. Sew along the dotted lines as shown in the illustration. Starting at the edge of the side with the extra wide seam allowance, start stitching toward the center of the bag and pivoting at the seam line ½" in from the line. The opening on the large seam side should be large enough to insert a cardboard tube after turning for filling the bags. Trim the four corners of the bag to reduce bulk and turn the bags right side out.





Fill the bag using the cardboard tube to keep the opening wide. Fill each bag until the finished weight is one pound. Remove the tube and push the fabric to the inside keeping the folded edges straight and aligned. Secure with pins or clips. Push the contents of the bag as far away from the opening as possible. Select a narrow zigzag and sew along the edge by catching the fabric with one swing and just off the fabric

on the opposite swing of the needle. Repeat for all eight bags.

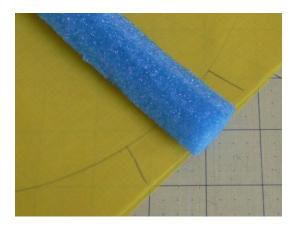
Supplies for Disc Flyer

- Baby Lock Vesta Embroidery/Sewing Machine
- ½ yard of 60" wide lightweight fabric such as Ripstop will make two flyers
- Dinner Plate to use as template (11" plate used in video)
- Marker to mark fabric
- Pool Noodle *carefully* cut a one inch segment from approximately 30" length of noodle with a serrated knife (color of pool noodle will show through lightweight fabric)
- Polyester Thread to match fabric
- Microtex Needle size 75
- Sewing Pins

Very lightweight fabric will make the best flying disc. Ripstop is a woven fabric, often made of nylon, that is resistant to tearing a ripping and has no right or wrong side. It is available online and in fabric stores that carry a variety of fabrics. Trace a circle on a double layer of fabric. Hold the fabric together with pins outside the marked circle and do not cut the circle out before sewing. Mark an opening on the edge of the circle that is large enough to insert the pool noodle segment accommodating the width and depth of the noodle.

Set up machine for a 2.0 mm straight stitch with matching polyester thread in top and bobbin. Stitch starting at edge at the opening on the marked line. Pivot and stitch along marked circle to other side of opening. Pivot and stitch to the edge. Trim the seam along the circle only leaving the opening untrimmed.







Make small clips around the circle from the raw edge almost to the stitching around the circle.

Turn the disc to the right side through the opening. Insert the pool noodle and work it towards the edge. If it does not fit without overlapping, trim a very small amount from the ends until it does. The ends of the pool noodle do not need to be attached because the inside stitching will hold them in place.

Push the fabric of the opening to the inside keeping the folded edges straight and aligned along the curve. Select a narrow zigzag and sew along the edge by catching the fabric with one swing and just off the fabric on the opposite swing of the needle. For a fun edge, continue stitching around the circle. Push the pool noodle to the outside edge of the circle and pin the inside layers together. Check that the top and bottom layers are even with no wrinkles. Use as many pins as necessary. Push the edge of the disc under the



foot. The pool noodle should compress to allow it under the needle or remove the foot and ankle off the machine. (Be careful if the needle is still in the machine, just saying.) Stitch around the inside of the circle as shown in the photo to secure the pool noodle foam to the edge.

Your flying disc works just as well in the pool as it does on land, but I don't recommend playing catch with this disc and your puppy.

